



PRE-APPOINTMENT & AFTERCARE INSTRUCTIONS

PERMANENT MAKEUP

Pre-Appointment Instructions

- **Two Weeks Before:**
 - Please discontinue the use of any skin-thinning products such as Retinols, Vitamin A, Glycolic Acid, or exfoliants.
- **One Week Before:**
 - If you tint your brows, make sure to do so at least 7 days prior to your procedure.
- **At Least 2 Days Before:**
 - Any waxing or shaping of your brows should be done at least 48 hours in advance.
- **48 Hours Before:**
 - Avoid alcohol, caffeine, and blood thinners (like Aspirin, Ibuprofen, or Niacin) as these can increase bleeding and affect your final results.
- **Day of Appointment for brow services:**
 - Feel free to arrive with your brows filled in the way you normally wear them. This helps us understand your preferences. If you're open to suggestions, we'll gladly design a brow shape that complements your natural features.
- **Additional Notes:**
 - You may be more sensitive during your menstrual cycle.
 - Botox or filler treatments should be scheduled at least 2 weeks before or after your brow tattoo.
 - We cannot tattoo over active blemishes, sores, or moles in the brow area.