



PRE-APPOINTMENT & AFTERCARE INSTRUCTIONS

INKLESS STRETCH MARK

Aftercare Instructions

- **Days 1–4**

- Mild redness, swelling, and tightness are normal
- Avoid hot environments like saunas or hot tubs
- Gently shower after 12 hours and apply aftercare serum 2x a day

- **Days 3–7**

- Skin may flake or form light scabs—please avoid picking at the area
- Continue applying aftercare ointment 2x daily

- **Weeks 1–2**

- Redness will gradually fade, and the skin will begin to smooth out
- Full healing continues over several weeks, with improvements becoming more noticeable as time goes on

We recommend avoiding anti-inflammatory medications for at least 24 hours after the treatment to allow your body's healing process to work its best.