



PRE-APPOINTMENT & AFTERCARE INSTRUCTIONS

LASH ENHANCEMENT

Pre-Appointment Instructions

Preparing properly for your lash enhancement tattoo ensures the best results and a smooth, comfortable procedure. Please review the following guidelines and follow them closely before your appointment:

- **Discontinue lash growth serums**

- Avoid using lash serums (like Latisse or similar) for at least 4 weeks prior to your treatment, as these can cause increased sensitivity and affect pigment retention.

- **Remove lash extensions**

- If you have lash extensions, please have them professionally removed at least 1 week before your appointment.

- **Arrive with clean eyes**

- Please arrive with no eye makeup on the day of your procedure—this includes mascara, eyeliner, and eye creams. Clean skin ensures a sterile work area and better pigment absorption.

- **Avoid caffeine, alcohol, and blood thinners**

- Do not consume caffeine, alcohol, aspirin, ibuprofen, or fish oil for 24–48 hours before your session, as these can increase bleeding and sensitivity.

- **No Botox or fillers near the eyes**

- Please wait at least 2 weeks after any injectables in the eye area before booking your lash enhancement tattoo.

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- **Remove contact lenses**
 - You must remove contact lenses before the procedure. Bring glasses if you need them for aftercare.
- **Protect your skin**
 - Avoid tanning, sunburn, or harsh exfoliants around the eye area for at least 1 week prior to your appointment.
- **Cold sore history?**
 - If you are prone to cold sores, ask your doctor if you should take a preventative antiviral medication before treatment (while this rarely affects the eyes, it's good to be cautious with any tattooing procedures). After your lash enhancement treatment, it's completely normal to notice some color fading and patchiness within the first two weeks. This is part of the healing process. Over the next 30 days, the pigment will slowly resurface, resulting in a soft and natural look.

Please note:

This treatment is a lash enhancement, not a traditional eyeliner tattoo. It creates a delicate shadow along the lash line, giving the illusion of fuller lashes and subtle definition—perfect for a naturally enhanced eye.

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Aftercare Instructions | Immediately After Treatment

- Expect sensitivity and minor swelling.
- Avoid applying makeup to the area for at least 5 days.
- Gently clean with baby shampoo and warm water, using your hands only.
- Pat dry and apply ointment carefully—avoid getting it into your eyes.

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Post-Treatment Care | Days 1–10

To ensure the best possible healing and color retention, please follow these steps carefully:

- **Cleanse Gently**

- Wash the area once daily using warm water and a gentle, fragrance-free cleanser (baby shampoo works well).
- Use clean hands only—no washcloths or sponges.

- **Dry With Care**

- Pat the area dry with a soft, clean towel. Avoid rubbing or tugging the skin.

- **Apply Aftercare Ointment**

- With a clean cotton swab, gently massage a small amount of ointment (as recommended by your artist) onto the area for about 10 seconds.
- Carefully blot off any excess—the area should not feel oily or greasy.
- Be very cautious not to get any ointment in your eyes.

- **Let It Breathe**

- Your lash line should feel clean and lightly moisturized, not wet or coated.

- **Reduce Swelling**

- Sleep with your head slightly elevated for the first few nights to help minimize puffiness.

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Post-Treatment Care | Days 1-10

- **Healing Timeline:**

- Small scabs may form—let them fall off naturally.
- Color may fade and appear patchy for the first two weeks.
- Full healing takes around 6 weeks. Most clients do not need a touch-up.
- Wait for 6 weeks for full healing before deciding if you need a touch-up. The colour will fade by 30-40%. Most people do not require a touch-up, but if you feel you would benefit from an additional session, feel free to book a touch-up appointment.