



PRE-APPOINTMENT & AFTERCARE INSTRUCTIONS

BROW TATTOO

Aftercare Instructions

To achieve the best results, please follow these guidelines throughout your 10-day healing period:

- **Daily Care:**

- Two hours post brow appointment gently wash brows with a gentle fragrance-free gel cleanser (such as CeraVe or Cetaphil) gently pat them dry—never let water pool on the brows.
- Apply a rice-sized amount of Aquaphor using clean fingers.
- Cleanse brows morning and night and continue to apply a rice-sized amount of Aquaphor on the brows.

- **What to Expect:**

- Brows will appear darker and more defined for the first couple of weeks.
- Around days 4–5, flaking may begin. Let it come off naturally—do not pick!
- Color may look patchy or too light during healing. Final results emerge in 4 weeks.

- **What to Avoid During Healing**

- **Sun exposure:** Protect brows from UV rays; apply SPF after 10 days.
- **Sweating:** Avoid heavy workouts and sweating for 10 days.
- **Water:** Don't run water directly on your brows.
- **Products:** Avoid Vaseline, makeup, creams, exfoliants, and acids on brows.

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- **Environments:** No saunas, pools, steam rooms, facials, or skin treatments.
- **Lasers:** Avoid laser therapy on brow area—it can alter pigment.

- **Long-Term Brow Tattoo Care**

- Always apply SPF 50+ to preserve color and prevent fading.
- Avoid exfoliating acids on your brow area.
- Laser treatments may affect ink color—consult us before undergoing any.
- Touch-ups are typically needed every 12-24 months to maintain shape and color.
- Hair stroke brows generally last 1–3 years.